

Exilis, The Latest Device For Non-Invasive Skin Tightening And Non-Surgical Fat Reduction

By Aesthetic Solutions-Dermatology, Laser and Research

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Aesthetic Solutions is the first physicians' practice in North Carolina and one of few in the country to offer this innovative new treatment for non-invasive skin tightening and non-surgical fat reduction.

Chapel Hill, NC January 18, 2011—Exilis is a non-invasive radio frequency (RF) device that tightens and tones sagging skin and reduces unwanted fat. Exilis is FDA approved for the non-invasive treatment of wrinkles and is a good option for facial and neck tightening. " Exilis is a new radiofrequency device that produces collagen remodeling with no downtime. It is cost effective, produces measurable results with minimum discomfort." said Sue Ellen Cox, M.D., board certified dermatologic surgeon and owner of Aesthetic Solutions in Chapel Hill, NC. The Exilis is also a treatment for fat reduction and can be beneficial for areas resistant to diet and exercise. Exilis uses RF energy to volumetrically heat the deeper tissues and to ramp up the metabolic activity of the fat cells, causing them to liquefy. The fat is then absorbed by the lymphatic system for removal within days. Exilis technology uses a unique Energy Flow Control System (EFC) with a monopolar 2-handpiece device designed to focus varying depths of precise heat, cooling, and temperature monitoring to achieve tissue tightening and body contouring. The EFC feature of Exilis ensures uniform energy distribution allowing safer, faster and more efficient therapy.

Body contouring is one of the most in-demand cosmetic procedures in the United States. According to statistics compiled by the American Society for Aesthetic Plastic Surgery, in 2009, Americans underwent two times as many liposuction procedures as they did a decade earlier. Thanks to the growing interest in body contouring procedures and new technology, Aesthetic Solutions can now offer Exilis, a non-surgical option for body contouring and skin tightening. Commonly treated areas are the lower face, neck, jowls, eyes, décolletage, abdomen, knees, arms, buttocks and thighs. Exilis requires no anesthesia or numbing. Each treatment is a quick 30 to 45 minute visit, scheduled 7 -14 days apart. Exilis treatments are recommended in packages of 4 to 6 treatments to achieve the best effect. Results are seen incrementally and are long lasting. Maximum results are seen at three months post series. "We are excited to add Exilis to our practice. By utilizing radiofrequency it is able to produce skin tightening and can be used on multiple body areas." adds John Soderberg, M.D., board certified dermatologist at Aesthetic Solutions. Measurable data from treatments performed at Aesthetic Solutions will be provided within two months.

About Aesthetic Solutions:

Aesthetic Solutions was established in 1998 by Sue Ellen Cox, M.D., a board certified dermatologic surgeon specializing in cosmetic dermatology. Dr. John Soderberg joined the practice July 2008 and is a board certified dermatologist, specializing in medical and cosmetic dermatology. Aesthetic Solutions provides excellence in medical, cosmetic, and dermatologic surgery in a beautiful state-of-the-art facility accredited by the Accreditation Association for Ambulatory Health Care (AAAHC). Aesthetic Solutions' world renowned clinical research center is dedicated to the evaluation and development of cutting-edge products and devices. Both Dr. Cox and Dr. Soderberg continue to participate as principal research investigators on many popular cosmetic and dermatologic procedures and treatments available today such as Botox®, Dysport®, Latisse®, Restylane®, ultrasonic fat reduction devices, and topical treatment for rosacea.

Dr. Cox is one of the nation's pioneers and experts in Botox® Cosmetic, fillers and tumescent liposuction and has lectured throughout the country teaching her techniques. Dr. Cox has co-authored numerous journal articles and book chapters on laser resurfacing, chemical peeling, tumescent liposuction, botulinum toxin Type A and injectable fillers. Her most recent publication "Complications of injectable fillers and

neurotoxins” will be published in the medical journal Dermatologic Therapy in April 2011. She serves as an Assistant Clinical Professor at the University of North Carolina at Chapel Hill, and Duke University teaching cosmetic dermatology techniques to third year dermatology residents.

Dr. Soderberg specializes in medical dermatology treating conditions such as acne, rosacea, and skin cancer prevention and treatment. In addition to his dermatological expertise, Dr. Soderberg has extensive training in laser surgery for both medical and cosmetic treatments, and injectables such as Botox, Dysport, and dermal fillers.

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Aesthetic Solutions provides a unique combination of general and cosmetic dermatology, laser, dermatologic surgery, and a world renowned clinical research center, specializing in effective anti-aging solutions offering the best in advanced treatments, proven technologies and physician expertise.

Category	Health, Medical, Beauty
Tags	exilis, fat reduction, skin tightening, liposuction, skin rejuvenation, fat removal, non-invasive, non-surgical
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